



# The Glengarry Moos



Glengarry's Favourite 'Moos'letter

## TIME TO MOSEY ON DOWN FOR THE ANNUAL GENERAL MEETING

### SPECIAL POINTS OF INTEREST :

- > Average Price of Steers over 1250 lbs.
- > 2006- 0.9343
- > 2007-0.9179
- > 2008-0.8868
- >
- > Average diesel price Ottawa-October
- > 2006-0.899
- > 2007-0.968
- > 2008-1.166
- >
- > Average Canadian Dollar- U.S. Dollars
- > 2006-0.882
- > 2007-0.935
- > 2008-0.944



We are pleased to be able to present Renfrew's Gerald Rollins at our 2010 Annual General meeting as he identifies the obstacles and opportunities available to the cow/calf to finish beef operation.

Gerald also represents Eastern Ontario on the OCA's Board of

Directors.

We will also be doing a year in review for Glengarry County while Mr. Rollins will be reviewing the events on the provincial level.

Some general housekeeping business that needs to be attended to at this meeting, namely, updating our constitution will be done. As with all annual meetings, we will also be holding elections for the 2010 Board of Directors.

There will be a light lunch and refreshments provided for all after the meeting, so please join us at Alexandria Pizzeria Restaurant on January 13, 2010. Doors will open at 6:30 for those who wish to renew their memberships, while the meeting will begin at 7:00 pm. By the way, dairy producers also pay check-off.

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### Producer Profile **DAVE & DAWN SMITS**

An active off-farm life has caused Dave Smits of Summerstown to re-evaluate how he manages his 55 head cow/calf operation. "Between working and coaching hockey, there's only so much time you can give to the cattle," he stated. So this winter, all animals, except his replacement heifers, will be kept outside. He has purchased extra feeders, hoping to minimize the number of times he needs to feed each week.

Dave markets most of his vaccinated, age verified, certified Angus calves at a local feedlot in the fall, though he does hold 7 or 8 back to satisfy his freezer beef clientele. Records of treatment is sent with any calves that have required medication.

Dave's day job is at Generations while Dawn works at Children's Aid Society. His oldest son Garret attends university while Evan lives at home. Evan helps out on the farm as well as working for neighbouring farmers. He hopes to do custom round baling next summer.

## MERRY CHRISTMAS

**What do you call  
an  
Eskimo cow?  
An Eski-moo!**

**What do you call  
a cow with 3  
legs?  
Lean beef!**



**Support this  
issue's  
sponsor!**



**Denis and Diane  
Lauzon  
361 Main St. South  
Alexandria, On  
613-525-2333**

### KIDS AND COWS

Glengarry Cattlemen are promoting Ontario beef as well as sponsoring a school fund raiser with the Laggan Public School.

We have bought \$500 of Ontario beef from Larocque's Meat market to be raffled off at Laggan's Christmas concert on Dec. 15, Dave Newsome of Larocque's has kindly pro-

vided the printing of the tickets, and the students (more likely the parents!) are selling the tickets. It is a win/win situation for everyone in-



involved.

OCA distributes educational materials to teachers, clubs and students. These resources have been jointly developed by OCA, the Beef Information Centre, Ontario Agri-Food Education, Ontario Farm Animal Council and other agri-food industry groups. Check out OCA's web site and

### PRAIRIE HARVEST— RIB ROAST

Prairie food is much like the people who create it—down to earth, healthy and generous. Samplings of this unique cuisine will surely leave a desire that leads to another bite.

With miles and miles of fertile plains that gave these provinces their name, crops grow quickly and well, furnishing the ingredients that dominant Prairie food. Unfortunately, nature has not always been so kind and throughout many difficult seasons, the people of the west struggled to retain their successful harvest. With unforgiving, long and often cruel winters, the Prairie people were

molded into a group of strong-willed, ambitious Canadians.

With Ukrainian and Scandinavian settlements scattered among the provinces, Prairie cookery retains a European style, which is evident using tender Alberta beef, such as Rib Roast. Kartoshnich, a tasty mixture of potatoes, eggs and cream baked into a pancake, was often served with the meal. Dessert, of course, was a generous slice of Saskatoon Berry Pie topped with a generous dollop of whipped cream.

#### ALBERTA RIB ROAST

6–7 pound rib roast

3 tbsp salt

2 onions, peeled, diced

1/4 tsp thyme

2 cups beef stock

Pepper from the mill

Preheat oven to 450oF. Remove excess fat from roast. Season very generously with salt and pepper. Place in oven and sear 20 minutes.

Reduce heat to 375F and continue cooking 1 1/2 hours. Baste with cooking fat occasionally

Let cooked roast stand 15 minutes while cooking onions and thyme in pan on stove top, 6-7 minutes.

Drain most of the fat from the pan and replace with beef stock. Boil 7 minutes. Pass sauce through sieve and serve with roast.

## HAPPY MOO YEAR

### SERVICES AND PROGRAMS

OCA Vet-on-Call: Ontario beef producers can submit general herd health questions to a veterinarian through the OCA Web site.

The questions are reviewed by OCA staff and the veterinarian himself before an answer is sent via OCA, back to the original submitter.

If an additional question is to be asked, that will also have to be submitted online. It should be made clear that this service a) does not replace a vet-client-patient relationship, b) does not dispense actual prescriptions or c) promote any brands of pharmaceuticals.

All of these stipulations are strictly monitored by the College of Veterinarians of Ontario. All submissions are reviewed for validity before a response is issued.

Please expect at least a 2-day wait, depending on Web traffic. Visit the OCA web site and click on the link.

Ontario Pesticide Education Program: This program is aimed at improving care and handling of pesticides used in agricultural production. It is designed to give a general overview of safe pesticide use and handling, incorporating all commodity areas.

Call 800-652-8573 for more information.

Pest Diagnostic Clinic: The clinic is a service offered by the Laboratory Services Division of the University of Guelph. Any individual or group is eligible. Diagnosis and identification are provided for: plant diseases and disorders; nematode and verticillium counts; insects; and weeds and other plants. The number is 519-767-6240

Tile Loan Program: This program, authorized by the Tile Drainage Act, provides loans to agricultural

property owners to assist them in financing tile drainage projects. The Tile Loan Program is a partnership between municipalities and the province.

888-466-2372

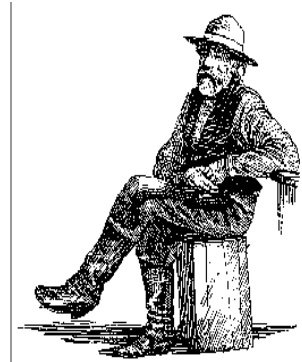
Growing Your Farm Profits:

Growing Your Farm Profits is the place to start planning for your business success. The two-day workshop will give you the tools needed to assess your current farm management practices and understand how proactive planning can influence effective decision making. Workshops are delivered locally through the Ontario Soil and Crop Improvement Association (OSCIA).

Please contact them for upcoming dates and locations near you.

Call 800-265-9751 for more info.

A young man visits a dude ranch and went walking with the ranch hand. Spying the cows, the dude says, "Look at that bunch of cows." The hired hand replies, "Not bunch, but herd." "Heard what?" "Herd of cows." "Sure I heard of cows, there's a big bunch of 'em right over there!"



**We all got pieces of crazy in us, some have bigger pieces than others.**

### TRACEABILITY AND YOU

Traceability has become a fact of life for those of us on the farm.

Traceability systems that include premises identification, product identification and movement recording are essential tools to maintain market access. Premise identification is a critical element for an effective emergency response

resulting from a food safety concern or plant/animal disease outbreak. It is also an important building block for a number of business applications such as a livestock and crop traceability system, emergency management tools and food quality systems. The farmer on the concession road will have many questions re-

garding how this will impact him. The Gleggery Cattlemen has sponsored a representative to attend each of the three sessions so that we are in a better position to answer those critical questions. (Or at least point you in the right direction!)



**Ontario Cattlemen's Association**

*Committed to Cattlemen*

MERRY CHRISTMAS

HAPPY MOO YEAR

**2009 BOARD OF  
DIRECTORS**

Wendy Beswick	874-2726
Ian Howes	528-1596
Ian MacLennan	874-2385
Warren McIntosh	528-4502
Walter McIntosh	528-4694
Allan McCuaig	347-2573
Wendy McPherson	525-9976
Dick van der Byl	525-3409

**Want to get involved  
with your organization?**

**Call one of us!**

The Ontario Cattlemen's Association (OCA) promotes Ontario beef cattle production through policy planning, government lobbying, industry development programs, research, and communications along with the promotion and advertisement of beef. OCA also provides services to cattlemen in domestic and export market development and market pricing coordination and reporting.

